

THE SPIRE

VOLUME 2, ISSUE 8

SEPTEMBER 2019



PERSPECTIVE

This summer was here, and now it's gone. It seems like just yesterday that School ended and everyone was talking about how excited they were that the weather was finally going to get warmer. And now the summer is beginning to end. Soon kids will be going back to school (YAY!) The green of summer will be replaced by the red, yellow and orange and brown of fall.

The other day the kids and I passed candy corn at the grocery store and Liam asked if we could get some so that I could make what in our house is called dad mix. I told him that once fall began I would get the peanuts, candy pumpkins, candy corn and M & M's but not until. Needless to say I received a look. It was equal parts frustrated, disapproving, anger and understanding. He grumbled a bit and then guided by the promise that in the near future and before Christmas he would get some he gave in.

I don't know about you, but I love the changing of the seasons. I love how each one is different. It's wondrous to see how in the winter a gray dreary day can be washed new with a peaceful blanket of snow. The bite of the cold even though it might activate arthritis also helps you to appreciate a fire. And while I sometimes do complain on days when it reaches 100 and the humidity makes it so thick you can chew the air. I also love seeing the way the plants are growing. I enjoy hearing children yelling and running around making the most of the warm days.

Every season, as it changes and as it continues forward brings with it something different. Every season has its own particular flavors and smells. There is a difference between Fall and Spring, Winter and Summer. But each one has its own special beauty. Now some of us like one or two seasons but few of us like all of them. Maybe it's the heat of summer or the cold of winter which causes us a measure of distaste. Perhaps we dislike the gray and brown and mud which

come as fall winds to a close, before winter comes. It might be a health based reason for our ire such as the onset of allergies in spring. But even if you don't like a particular season. I hope that you can see the beauty that each season brings. I hope that you can take the time to appreciate the pieces of the season. Or perhaps at least take time to try and enjoy what it is that someone else might appreciate in a given season.

Perspective is a very important tool as we seek to follow Christ. It helps us to see beyond ourselves and see others. It helps us to notice the struggles that another brother or sister has. No we cannot walk a mile in their shoes, but we can attempt to try and understand what that means. Perhaps there is a certain hymn which tears up the person who sits in front of us in worship. Perhaps communion holds a certain weight for them. If we refuse to try and alter our perspective we impair our ability to fully live in community in communion with one another.

Perspective is something we don't do enough. Think of what might have happened if the Pharisees, Sadducees, and other religious powers that be took a moment or two to really listen to Jesus. And took a few more moments to consider the persons that were following Jesus. Where the scribes and others saw only sinners and what to them amounted to the refuse of their society, Jesus saw a people in pain, who were crying out. Jesus met them where they were. He didn't tell them that he knew their pain, but he sought to understand them, to listen to their pain. Our world needs us to be more like Christ in so many ways, let's start in simple ways.

Amen

Rev. Bill



SEPTEMBER EVENTS

September 1 Communion
 September 2 Labor Day
 September 3, 10, 17, 24 Tuesday Bible Study
 September 8 Sunday School begins
 September 9 Consistory
 September 11 Social Solos
 September 19 Brooks BBQ
 September 22 Golf Tournament
 September 22 Hurley Heritage Walk
 September 20-27 Dorothy out of town

GREETERS AND USHERS FOR SEPTEMBER

September 1
 Ushers: Sandra Gregory, Kathy Jansen
 Greeters: Ron Chrisey, Bill Baldinger
 September 8
 Ushers: Sandy Emrich, David Kent
 Greeters: Lee Gable, Marilyn More
 September 15
 Ushers: Jim Craven, Roberta Falatyn
 Greeters: Jim & Sandie Gregory
 September 22
 Ushers: Marilyn Lowe, Russ Glass
 Greeters: Pat & Lori Baker
 September 29
 Ushers: Jim Pirro, Doug Constant
 Greeters: Doris Alden & Linda Shook

FLOWERS FOR SEPTEMBER

September 1 Debbie & Glenn Decker
 September 8 Barbara Hornbeck
 September 15 Jim Pirro
 September 22 Kelly & Eric Mellen
 September 29 Nick & Molly Nicholas

REFRESHMENTS

September 1 The Cooks
 September 8 The Longtos
 September 15 Sonnie Howe
 September 22
 September 29 Shooks & Aldens

ADDED TO THE LIST OF SAINTS:

Condolences to the family of

Joyce Fink

“Blessed are those who mourn for they shall be comforted.” Matthew 5:4

Dine In

BROOKS'
HOUSE OF BAR-B-Q

Take Out

The Famous
Brook's
Chicken BBQ from Oneonta, NY

All proceeds benefit the Hurley Reformed Church

September 17, 2019
4:00pm - 6:30pm

Hurley Reformed Church, Main St, Hurley NY

Dinner includes: **baked potato, coleslaw, dinner roll, bottled water & dessert**

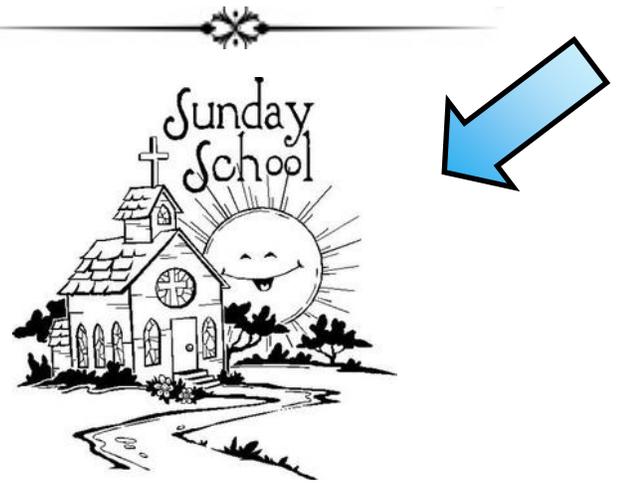
\$12.00

For Tickets Call: **Sandy 845-687-4006**



GOLF TOURNAMENT:

It will take place tentatively on Sept. 22nd at 3:00 pm at Alapaha Golf Course on Sawkill Rd. It is ok with the Hurley Mt. Inn for dinner at 6:00pm. Sign up will be after services on Sundays up until Sept. 17th. Fee for golf and dinner is to be determined. Let's hope we have enough sign ups this year. Prizes and raffle will be part of the fun. Call Marilyn Lowe with any questions or to make a reservation. Her cell is [845-853-9720](tel:845-853-9720).



SUNDAY SCHOOL BEGINS on September 8th. Sunday School is during Sunday Worship.

Children leave for class during the second hymn. Classes are offered during Sunday sermon.

Welcome to our new Sunday School Superintendent, Aileen Helsley.



OPERATION CHRISTMAS CHILD

Start getting your supplies for Operation Christmas Child Shoeboxes. Back-to-school sales are a perfect way.

You can also include bar soap, toothbrushes, clothing accessories, non chocolate candy, toys.

See Kelly Maggiore for more details. And watch the bulletin for when the boxes get here.



July's mission was the Washbourne House on Washington Ave in Kingston, a subsidiary of Family of Woodstock. A refuge for battered women and children, it provides comprehensive trauma informed services to survivors of domestic violence. We donated \$275.

August was Doctors Without Borders. September is the Teen Shelter sponsored by Family of Woodstock.

Marilyn Lowe



WOMEN'S Bible Study

WOMEN'S BIBLE STUDY

Resumes the first Wednesday in September (September 4) from 9-11 am. We are a fun loving group; refreshments are served with laughter and love.



Next Lunch date:
September 11, 2019 at 12 Noon.
Place: Ole Savannah

CHOIR PRACTICE

The Choir will resume practice on **September 12**. If you enjoy singing, the choir invites you to join them in leading the congregation in song. We are a fun loving group! If you are interested, please talk to Jane Barsumian, the choir director

Women's Ministries will meet on September 8 after worship.

Prayer Chain will meet October 6. Deb Zuill

*A*s summer comes to an end and days get shorter, God blesses us with a new season. Our world is constantly changing yet He is with us each day... every day... all day. He keeps watch over us at all times until finally we meet Him face to face. Come visit and remember those who have passed on to their glory in God's paradise.

STICKLEY GARDENS

FOR MORE INFORMATION - CONTACT ANY COMMITTEE MEMBER:

- LISA LONGTO (331-1438) CHAIRPERSON
- JIM PIRRO (383-0079) TREASURER
- ESTHER STICKLEY (331-2919)
- SANDIE GREGORY (338-7626)
- LEE GABLE (246-3751)

REV STICKLEY, SECRETARY
A SACRED PLACE OF BEAUTY AND CONTEMPLATION.
(LOCATED ON THE SOUTH LAWN OF THE CHURCH)

(Hi, This article was submitted by Bill Beesmer. As you probably know, Bill has Lyme disease and has become an ambassador for the Global Lyme Alliance. The article is the second in a series of articles about health issues in our church community. Dorothy)

LYME – THE OBSCURE DISEASE

Tick-borne illnesses are on the rise! In 2017 there were over 427,000 new cases of Lyme disease in the U.S. In the last 12 years, there's been a 60% increase in tick-borne diseases. I was one of them. Don't you be one of them. Lyme disease is a tick-borne bacterial infection transmitted by the bite of an infected deer tick. There are many ways to protect yourself, your children and pets from ticks, as set forth below.

My Story

I was diagnosed with Lyme disease in November 2013, 4 months after I found an engorged (fully fed) tick on my bathroom floor. My primary doctor misdiagnosed me because I did not have the oft mentioned bull's-eye rash associated with Lyme disease. I went untreated, he did not prescribe Doxycycline, the "go to" antibiotic for treating Lyme disease.

Four months later I had my very swollen right knee drained and the orthopedic surgeon tested the fluid for Lyme.....the tests were positive. NOW I know that the absence of a bull-eyes rash does not mean Lyme is not present.

From that point on, my body, and my life were altered to a point I never imagined.

I lost 40 pounds in 2 months due to atrophy on one side of body, including the muscles that stabilize the ribs. I also experienced foot drop, severe fatigue, excruciating pain in the lower back and buttocks area, plus both meniscus in my right knee were torn, requiring surgery. For nearly a year I could not walk without the aid of a cane, crutches, or walker.

Subsequently I underwent EMG's, MRI's, cat scans, brain spect scans, numerous x-rays, and spinal injections searching for an answer. I visited many doctors, including a Lyme Literate doctor and was prescribed Doxycycline 8 times. Additionally, I went to Mass General hospital, chiropractors, deep muscle massage therapist, acupuncturist, and many months of physical therapy trying to regain my health.

Six years later and having spent thousands of dollars on treatment and diagnosis, my Lyme is still present. I continue to experience fatigue, and my right leg remains smaller than the left, and is not nearly as strong. Probably the worst symptoms now are intermittent brain fog,

imbalance and dizziness.

Will I ever return to my pre-Lyme condition? Let's hope so. It is important we remain hopeful that current research initiatives being funded by Global Lyme Alliance (GLA) will bring us steps closer to accurate diagnosis and effective treatment for all Lyme patients.

Prevention is the key

There are several ways to reduce your risk for contracting Lyme disease and other tick – borne illnesses. We are all at risk! Always be aware of ticks when you, your loved ones, and pets go outdoors.

Be Tick Aware

Avoid areas where ticks live, i.e., wood piles, long grass, and beach grass. If hiking stay in the center of the trail.

Wear light colored clothing, long pants, long sleeves, and closed toe shoes. Tuck long hair into a hat.

Apply EPA approved tick repellent with DEET or Picaridin (see Note below) to exposed skin and insecticide (Permethrin) to clothing and shoes.

Remove clothing upon entering your home and place in dryer at HIGH for 10 to 15 minutes.

Examine yourself, your children, and your pets for ticks daily. Check everywhere...ticks love to hide!

Tick Removal

It is recommended using a tick removal tool or tweezers with a pointed tip for proper tick removal.

Get as close to the skin as possible and pull the tick straight up – be sure to remove the entire tick.

Save the tick in a Ziplock bag or container, label with the date, and send to a tick testing lab. Check with your local health department or private lab.

To learn more about tick removal and a list of labs, visit BeTickAWARE.org.

I purchased a magnifying glass for tick checks (nymphs are as tiny, about the size a poppy seed, and I use a hand held mirror. If possible, have someone assist you.

I hope this information is beneficial, and if you have any questions, please call me at 914-388-3246.

Bill Beesmer, Lyme Educator, Ambassador

Global Lyme Alliance

Note: Visit RangerReady.com to learn about their effective repellent with Picaridin. To purchase use code GLA10 for a 10% discount.

September

Birthdays

| | |
|--------------------------|----|
| Cindy Sumerano | 3 |
| Bailey Jordan | 3 |
| Russ Glass | 4 |
| Halie Brennan | 6 |
| Melinda Herzog | 6 |
| Bradley Horvers | 6 |
| Wayzeta Stickley-Strouse | 9 |
| Elizabeth Mergl | 10 |
| Fred Horvers | 10 |
| Daniella Helsley | 14 |
| Tessa Hauck | 19 |
| Ron Every | 19 |
| Kellen Hauck | 19 |
| Marissa Rell | 20 |
| Jim Craven | 20 |
| Bradley Hill | 22 |

| | |
|----------------------|----|
| Helen Sgroi | 24 |
| Jim Mayfield | 24 |
| Alice Presti | 24 |
| Charles Woodard | 24 |
| Wendy Stickley-Ocker | 26 |
| Darrell Nicholas | 27 |
| Christina Longto | 28 |
| Debbie Decker | 29 |
| Sheila Craven | 30 |

Anniversaries

| | |
|-------------------------|----|
| Mark & Beth Woodard | 2 |
| Dennis & Mimi Croswell | 11 |
| Bill & Jane Merrill | 13 |
| John & Debbie Tucker | 14 |
| Jay & Kim Burgess | 17 |
| Lori & John Decker | 22 |
| Dennis & Donna Horvers | 23 |
| Dean & Bernadette Baker | 23 |



REACH OUT TO THOSE WHO NEED YOUR SUPPORT IN THEIR DAY TO DAY

NEEDS: Keep them in your prayers.

MaryAnn DiPietro is at Golden Hill; AnneMarie Kurtz is in TenBroeck; Alice Presti is home; Bev Roosa are in Thompson House; Don Kent are at the Terraces at Brookmeade; Ruth Harkin is at home; Bob Williams is in Ivy Lodge; Dolores McGoldrick is at Ferncliff; MaryLou Vogt is in Hudson Valley Senior Residence; Clarence Jansen is at Golden Hill; Shirley Ruth is in Mountain Valley Manor; Friedel Borst, Audrey Hornbeck

and Fred Horvers at TenBroeck; Lori Pinkham in Wingate at Ulster, Tony Peralta; Anthony DiPietro (son of MaryAnn DiPietro), Marie Dressel.



Thank you

Dear Hurley Church Friends,

Thank you for your thoughts and prayers during the time Terry was in the Nursing home and in the Albany VA.

I know the prayers were answered because he came back home! He continues to struggle with Parkinson's but we are dealing with it the very best that we can with the help of God!

Love to you all,

Christa and Terry Conlin

Hurley Reformed Church, Hurley Reformed Church

Sep 2019 (Eastern Time - New York)

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|---|-------------------------|
| 1 10am - Worship @ 11am - Prayer Chain | 2 Labor Day 3pm - Quilting @ 4:30pm - Dog 7pm - 1st Capitol 7:30pm - Al-Anon @ | 3 9am - Bible Study @ 11am - balance 4:30pm - PC 101 @ 7pm - Boy Scouts | 4 First Day of School 9am - Nursery 4:30pm - Dog 6:30pm - Cub Scouts 7pm - Boy Scouts | 5 9:30am - Badminton 1:30pm - Hurley 4:45pm - Dog | 6 7pm - Motorcycle | 7 Wedding @ |
| 8 10am - Worship @ 11am - Women's | 9 11am - VFW @ 3pm - Quilting @ 4:30pm - Dog 7pm - Consistory @ 7pm - Hudson Valley 7:30pm - Al-Anon @ | 10 9am - Bible Study @ 11am - balance 7pm - Boy Scouts | 11 9:30am - quilting @ 12pm - social solos 4:30pm - Dog 6:30pm - Cub Scouts 6:30pm - Local 1582 | 12 9:30am - Badminton 4:45pm - Dog | 13 10am - Genealogy @ | 14 |
| 15 10am - Worship @ | 16 10am - Genealogy @ 3pm - Quilting @ 4:30pm - Dog 7pm - Corvette Club 7:30pm - Al-Anon @ | 17 9am - Bible Study @ 11am - balance 1:30pm - Senior 6pm - Nursery 7pm - Boy Scouts | 18 9am - women's bible 4:30pm - Dog 6:30pm - Cub Scouts 7pm - Hurley Lions | 19 Brooks BBQ 9:30am - Badminton 4:45pm - Dog 7pm - NE | 20 Dorothy out of office Woodworkers show | 21 Wood workers show |
| 22 Dorothy out of office | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 golf tournament 10am - Worship @ 11am - Program and | 30 Rosh Hashanah 1pm - Basket Class 3pm - Quilting @ 4:30pm - Dog 7:30pm - Al-Anon @ | 1 9am - Bible Study @ 11am - balance 7pm - Boy Scouts | 2 9:30am - quilting @ 4:30pm - Dog 6:30pm - Cub Scouts | 3 9:30am - Badminton 4:45pm - Dog 7pm - Hurley | 4 movies with | 5 quilters |

September 2019



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11 Main Street
Hurley NY 12443

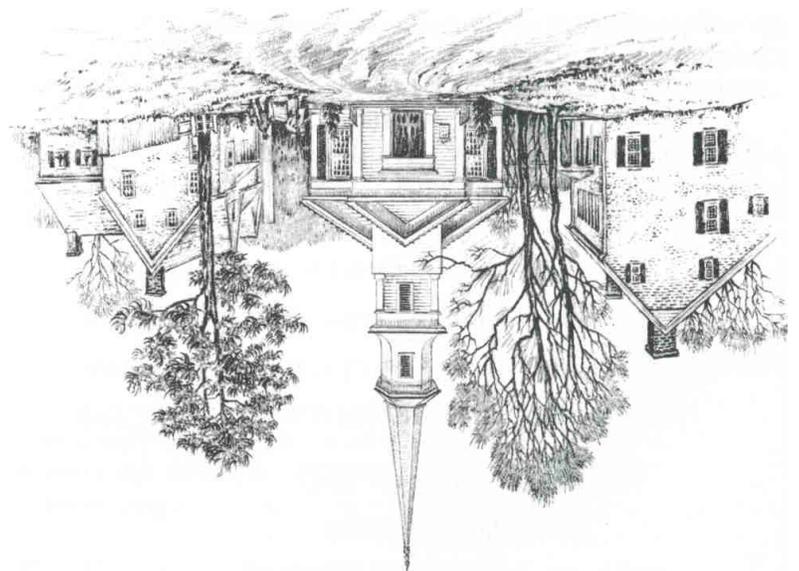
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Rev. William Appleyard-Pekich
Pastor

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HURLEY REFORMED CHURCH

SUMMER 2019
THE SPIRE